

LOCAL OUTPATIENT MENTAL HEALTH RESOURCES

ALLEGANY COUNTY, MARYLAND

<p>Allegany College of Maryland (ACM) Nurse Managed Wellness Clinic (Allied Health #115) Cumberland, MD 21502 Website: www.allegany.edu Phone: 240-964-8585 or 301-784-5670</p>	<p>**Current ACM Students ONLY**</p>	<p>Individual/Couples/Family Counseling (ACM Students ONLY - no fee)</p>
<p>Allegany Counseling & Consulting Jerilyn Jackson, LCPC / Sondra Wine, ADT 36 Greene Street, Cumberland, MD 21502 Phone: 301-724-1697 (same # for fax)</p>	<p>Maryland Medicaid, BC/BS, UHC, most private insurances</p>	<p>Individual/Family/Couples Counseling (Adult/Child 5 yrs and older) Addictions Counseling Telehealth services available</p>
<p>Allegany County Health Department 12501 Willowbrook Road, Cumberland, MD 21502 Website: https://health.maryland.gov/allegany Phone: 301-759-5280 / Fax: 301-777-5630</p>	<p>Maryland Medicaid, Medicare, most private insurances, DOES NOT accept BlueChoice, financial assistance available (must provide proof of income) *must be Allegany Co. resident and bring photo id and insurance card</p>	<p>Individual/Family/Group Counseling (Adult/Child) Addictions Counseling Medication Management (must see counselor) Buprenorphine Services Intensive Outpatient Program (IOP) Transportation services</p>
<p>Allegany Family Health 90 Main Street, Westernport, MD 21562 Website: www.alleganyfamilyhealth.com Phone: 301-359-5145 / Fax: 301-359-5178</p>	<p>MD & WV Medicaid, Medicare, most private insurances</p>	<p>Primary Care Services Medication Mangement</p>
<p>Best Life Therapy Gabriela Weston, MSW, LCSW-C 323 Paca Street, Cumberland, MD 21502 Email: gweston109@gmail.com Phone: 301-268-6536 / Fax: 301-769-5786</p>	<p>Medicaid, Medicare, BCBS, United Healthcare, UMR, Cigna</p>	<p>Individual Counseling (Adult/Family)</p>
<p>Christian Counseling Services Dr. Seth Ramer, LCSW 1100 W Industrial Blvd, Cumberland, MD Phone: 301-895-3117</p>	<p>Medicare, MD Physicians Care most private insurance, WV Medicaid (Aetna Better Health)</p>	<p>Individual/Family/Couples Counseling (Adult/Child) Addictions Counseling</p>
<p>Committed to Change 200 Glenn Street, Cumberland, MD 21502 Website: www.committedtochange.com Phone: 240-580-1919 / Fax: 240-362-7409</p>	<p>Maryland Medicaid</p>	<p>Individual/Family/Couples Counseling (Adult/Child 6 yrs and older) Medication Management Psychiatric Rehabilitation Program Transportation services</p>
<p>Courage to Climb Sarah Stahl, LCPC, CAC-AD Phone: 240-727-5203 Shelly Warnick, LCADC, LCPC Phone: 301-697-4196 31 Baltimore St, Suite 107/108, Cumberland, MD 21502</p>	<p>Maryland Medicaid</p>	<p>Individual/Family Counseling **must be dual-diagnosed to receive services Mental Health/Addictions Counseling</p>
<p>Covenant Christian Counseling 907 Seton Drive, Cumberland, MD 21502 Website: covenantcounselingministries.org Phone: 301-777-0633/ Fax: 240-362-7110</p>	<p>Maryland Medicaid, Medicare, most private insurances</p>	<p>Christian-Based Individual/Family Counseling (Adult/Child) Group Counseling</p>
<p>Dr. Davis Dayhoff, PhD 7 Market Street, Cumberland, MD 21502 Phone: 301-759-3360</p>	<p>Most private insurances</p>	<p>Individual Counseling (Adult)</p>
<p>Dr. Debra Schaaf, PhD 7 Washington Street, Cumberland, MD 21502 Phone: 301-724-5544</p>	<p>Maryland Medicaid, Medicare, most private insurances</p>	<p>Individual Counseling (Adult/Adolescents 13 yrs and older)</p>
<p>Dr. Helene Robbins-Nester 12012 Green Ridge Rd, Flintstone, MD 21530 Phone: 609-433-2622/ Fax: 1-888-389-2678</p>	<p>Most private insurances</p>	<p>Neuropsychological Evaluations Individual Counseling (Adult) Equine Therapy</p>
<p>Dr. Jim Miller, PhD & Helen Miller, LCPC 153 Baltimore Street, 3rd Floor Suite 1 Cumberland, MD 21502 Phone: 301-724-4081</p>	<p>Maryland Medicaid, Medicare, UMR, most private insurances</p>	<p>Individual/Couples/Family Counseling (Adult/Child)</p>
<p>Dr. Kevin Peterson, PhD 9 Market Street, Cumberland, MD 21502 Website: www.petersonpsychological.com Phone: 301-759-3360</p>	<p>Most private insurances</p>	<p>Individual/Couples/Family Counseling (Adult/Child) Addictions Counseling Psychological Testing (MMPI)</p>
<p>Dr. Kevin Simonson, PhD 101 Braddock Road, Frostburg, MD 21532 Phone: 845-913-6725</p>	<p>Contact provider for additional information regarding insurances accepted.</p>	<p>Psychological Testing</p>

LOCAL OUTPATIENT MENTAL HEALTH RESOURCES

Dr. Steven Hartsock, PhD 81 Baltimore Street, Cumberland, MD 21502 Phone: 301-777-9005 / Fax: 301-777-3022	Maryland Medicaid, Medicare, most private insurances	Individual Counseling (Adult)
Dr. Trina Redmond, PhD 6 Water Street, Frostburg, MD 21532 Phone: 301-759-6319	Maryland Medicaid (not MD Physicians Care), Medicare, most private insurances (not Cigna)	Individual Counseling (Adult)
Family Crisis Resource Center (FCRC) Cumberland, MD Website: www.familycrisisresourcecenter.org Phone: 301-759-9244	***services available to victims and survivors of domestic violence, assault/abuse	Individual/Family Counseling Group Counseling Emergency Shelter Case Management
Footprints to Hope Counseling 15820 McMullen Hwy Unit A, Cresaptown, MD Website: www.footprintstohope.com Phone: 240-522-0885 / Fax: 410-885-4532	MD Medicaid, Highmark BCBS, UHC	Individual/Family/Couples Counseling (Adult/Child 3 yrs and older) Addictions Counseling Group Counseling Telehealth services available
Frostburg State University (FSU) CAPS 101 Braddock Road, Frostburg, MD 21532 Website: www.frostburg.edu Phone: 301-687-4234 / Fax: 301-687-3065	***Current FSU Students ONLY*** - no fee	Mental Health/Addictions Counseling Group Counseling Crisis Intervention Medication Management
Hopeful Origins Nadia Swanson, NP 31 Baltimore St, Suite 111, Cumberland, MD Phone: 410-420-8300/ Fax: 443-267-0020 Email: psychiatry@hopefulorigins.com	Medicare, Medicaid, Blue Cross, Cigna	Medication Management only Patient can self-schedule online at hopefulorigins.com
Hope Station 632 N Centre Street, Cumberland, MD 21502 Website: ocamd.org Phone: 240-362-7168 / Fax: 240-362-7170	Services are free, available to individuals 18 years and older with mental health, substance use and co-occurring disorders.	Support Groups Linkage/Referrals Information/Education Opportunities Daily Meal/Transportation
Kinfolk Counseling Kate Barnard, LCPC Cumberland, MD 21502 Phone: 301-433-7494 / Fax: 443-313-6301 www.kinfolkcounseling.com	BCBS, Aetna, Cigna, most private insurances	Individual Counseling *specifically offers services for diagnoses including: grief, complex trauma, ADHD, depression, anxiety *Telehealth services ONLY
Lukas Behavioral Health LLC (Formerly Ascensions Wellness) 618 N Mechanic Street, Cumberland, MD Website: lukasbh.org Email: jlukas@lukasbh.org Phone: 301-876-4889 / Fax: 240-362-7118	Maryland Medicaid, Medicare, Cigna	Individual Counseling (Adult/Child) Medication Management
Maryland Wellness (Formerly BACHS and Aspen Wellness) 519 N Mechanic Street, Cumberland, MD Phone: 301-777-9600 Fax: same as phone	Maryland Medicaid, Medicare, most private insurances	Individual/Family/Couples Counseling (Adult/Child) Addictions Counseling Medication Management Psychiatric Rehabilitation Services Transportation services
Med First Walk-In Clinic Jeremy Hunt, CRNP & Crystal Walls, CRNP 15 South Centre Street, Cumberland, MD Phone: 240-362-7279 / Fax: 240-362-7096	Maryland Medicaid, accepts most private insurances **requires photo ID, social security card or a utility bill with individual's name on it	Medication Management (Mental Health/MAT) (Suboxone, Subutex, Zubsolv, Sublocade) Primary Care Services
Mountain Maryland Wellness Maggie Smith, LCSW-C 151 Bishop Murphy Drive, Frostburg, MD 21532 Phone: 240-580-2915 or 240-580-2917	Private Pay ONLY	Individual/Couples Counseling
Mountain Laurel Medical Center 22221 Westernport Road, Westernport, MD 21562 Website: www.mtnlaurel.org Phone: 240-774-0204 / Fax: 301-533-3299	Maryland Medicaid, Medicare, most private insurances	**Must be established as primary care patient to receive services Individual/Family/Couples Counseling (Adult/Child) Medication Management Primary Care Services Transportation services
Potomac Behavioral & Occupational Therapy 249 Henderson Avenue, Cumberland, MD Phone: 240-362-7444 / Fax: 240-362-7388	Maryland Medicaid, Medicare, most private insurances	Individual/Family/Couples Counseling (Adult/Child) Addictions Counseling Medication Management Primary Care Services Telehealth services available

LOCAL OUTPATIENT MENTAL HEALTH RESOURCES

<p>Pressley Ridge Outpatient Mental Health 327 Beall Street, Suite 2, Cumberland, MD Website: www.pressleyridge.org Phone: 301-724-8413/ Fax: 301-724-8417</p>	Maryland Medicaid	Individual/Family Counseling (Adult/Adolescents) Group Counseling Medication Management Addictions Counseling/Peer Support Case Management Recovery to Work
<p>Rayelle Davis Counseling & Consultation LLC Cumberland, MD 21502 Phone: 240-986-1176 Website: www.facebook.com/RayelleDavisNCC/ Call to schedule or visit: appointments.rayelledavis.com</p>	Cigna, Self-Pay	Individual/Couples/Family Counseling (Adult/Adolescents) Telehealth therapy services only
<p>Steeple City Psychological Services 517 E Oldtown Road, Cumberland, MD 21502 Website: steeplecitypsyc.com Phone: 717-808-8400 / Fax: 717-781-2078</p>	Medicare, most private insurances	Individual/Family Counseling (Adult/Adolescents) Psychological Testing Medication Management
<p>UPMC Western Maryland 12502 Willowbrook Road, Suite 380, Cumberland, MD 21502 Website: www.wmhs.com Phone: 240-964-8585 / Fax: 240-964-8586</p>	Maryland Medicaid, Medicare, most private insurances, Financial assistance available	Individual/Family/Couples Counseling (Adult) Medication Management Buprenorphine Services (Individual/Group) Intensive Outpatient Program (IOP)
<p>Veteran Affairs (VA) Cumberland Outpatient Clinic 200 Glenn Street, Cumberland, MD 21502 Website: www.va.gov Phone: 304-263-0811 or 800-817-3807 Fax: 301-724-0069</p>	**Available to active military, naval or air service, current/former members of the Reserves or National Guard who were called to active duty. Please call the VA for additional information regarding veterans eligibility.	Individual Counseling (Veterans) Medication Management Primary Care/Speciality Services Case Management
<p>Villa Maria 308 Virginia Avenue, Cumberland, MD 21502 Phone: 667-600-2110 / Fax: 667-600-4064</p>	Maryland Medicaid	Individual/Family/Couples Counseling (Adult/Child) Medication Management Psychiatric Rehabilitation Program
<p>WVU Medicine Lavale Medical Center (Formerly Chapman and Associates) 922 National Highway, Cumberland, MD 21502 Website: wvmedicine.org Phone: 240-362-7294 / Fax: 240-362-7366</p>	West Virginia Medicaid, Maryland Physicians Care, Aetna Better Health, Medicare, Most private insurance	**Requires new patient paperwork completed prior to being scheduled Individual/Family/Couples Counseling (Adult/Child 7 yrs and older) Medication Management Primary Care Services
<p>Zealand Psychological Associates 152 Bedford Street, Cumberland, MD 21502 Website: zealandpsychologicalassociates.com Phone: 301-722-8000 / Fax: 301-722-8001</p>	Medicare, Most private insurances	Individual/Family/Couples Counseling (Adult/Child 7 yrs and older) Addictions Counseling
<p>Zimela Wellness 11602 Bedford Road, Cumberland, MD 21502 Website: www.zimelawellness.com Phone: 240-362-7077 / Fax: 240-362-7161</p>	Maryland Medicaid, Medicare, most private insurances	Individual/Family/Couples Counseling (Adult/Child 5 yrs and older) Addictions Counseling Medication Management Buprenorphine Services

GARRETT COUNTY, MARYLAND

<p>Dove Center 882 Memorial Drive, Oakland, MD 21550 Website: www.gcdovecenter.org Phone: 301-334-6255 / Fax: 240-488-1125 Domestic Violence/Sexual Assault Crisis Line 301-334-9000</p>	***services available to victims and survivors of domestic violence, assault/abuse, dating violence, stalking	Emergency Shelter Individual Counseling (Adult/Child) School-based Counseling Services Group Counseling Case Management Crisis Intervention
<p>Garrett County Health Department 1025 Memorial Drive, Oakland, MD Website: www.garretthealth.org Phone: 301-334-7680 / 301-895-3111 Fax: 301-334-7681 / 301-334-7671</p>	Maryland Medicaid, Medicare, most private insurances, Sliding fee scale (available for qualified Maryland residents)	Individual (Adult/Child) /Family/Couples Counseling Addictions Intensive Outpatient Program (IOP) School-Based Services Addictions Counseling/Peer Support Services Medication Management Community Health Services

LOCAL OUTPATIENT MENTAL HEALTH RESOURCES

<p>GRMC Regional Behavioral Health Center 69 Wolf Acres, Oakland, MD 21550 Website: www.grmc-wvumedicine.org Phone: 301-533-2190 / Fax: 301-533-2198</p>	<p>Maryland & WV Medicaid, Medicare, Tricare, UMR, most private insurances</p>	<p>Mental Health Counseling (Adult/Child) Addictions Counseling Medication Management Primary Care Services Telehealth not available</p>
<p>Maryland Coalition of Families Serving Allegany and Garrett County Website: www.mdcoalition.org Phone: 443-741-8682</p>	<p>Services are free, available to parents and caregivers of child/adult/elderly individuals with mental health, substance abuse, or gambling addictions</p>	<p>Family Peer Support Specialist Case Management/Referral Linkage Support Groups</p>
<p>Mountain Haven Wellness & Recovery Center 206 East Alder Street, Oakland, MD 21550 Website: www.ocamd.org Phone: 301-334-1314 / Fax: 301-334-1035</p>	<p>Services are free, available to individuals 18 years and older with mental health, substance use and co-occurring disorders.</p>	<p>Support Groups Linkage/Referrals Information/Education Opportunities Daily Meal/Transportation</p>
<p>Mountain Laurel Medical Center Website: www.mtnlaurel.org Oakland: 1027 Memorial Dr, Oakland, MD Phone: 301-533-3300 / Fax: 301-533-3299 Grantsville: 104 Parkview Dr, Grantsville, MD Phone: 844-652-8735 / Fax: 301-895-5494</p>	<p>Maryland Medicaid, Medicare, Most private insurances</p>	<p>**Must be established as primary care patient to receive these services Mental Health Counseling (Adult/Child) Medication Management Primary Care Services Transportation services</p>
<p>Quest for Hope Counseling 3231 Chestnut Ridge Rd. Grantsville, MD 21536 Website: www.questforhopecounseling.com Email: nate@questforhopecounseling.com Phone: 301-450-7274 Nate Maust, LCPC</p>	<p>(Waiting on insurance credential) Sliding scale</p>	<p>Individual/ Couples/ Family (Ages 4 & up) Christian In-person and telehealth EMDR</p>

Crisis Line Resources

UPMC Western Maryland 24/7 Crisis Line 240-964-1399
National Suicide & Crisis Line Call or Text: 988

Maryland Transportation Services

Allegany Co. Transit 301-722-6360
AllTrans 301-724-1255
Express Medical Transport (EMT) - 301-759-5123
Queen City Taxi - 301-722-2800

Local Homeless Shelter

Union Rescue Mission 301-724-1585

LOCAL OUTPATIENT MENTAL HEALTH RESOURCES

WEST VIRGINIA		
<p>Burlington United Family Services 539 New Creek Highway, Keyser, WV 26726 Website: bumfs.org Phone: 304-788-2342 / Fax: 304-788-2409</p>	WV Medicaid	Individual/Family Counseling (Adult/Child) Parents as Teachers (children 5 yrs & under) Safe at Home (DHHR referral) Right from the Start (services for pregnant women, children ages 0-3) TRUST program (Addictions Counseling)
<p>Eastern Psychological Services 278 N High Street, Romney, WV 26757 Phone: 304-822-3429 / Fax: 304-822-7225</p>	WV Medicaid, Medicare, most private insurances	Individual/Couples/Family Counseling (Adult/Child)
<p>Family Crisis Center Locations in Mineral, Grant and Hardy County Website: familycrisiscenterwv.com</p> <p>Keyser, WV Phone: 304-788-6061 Petersburg, WV Phone: 304-257-4606 Romney, WV Phone: 304-822-8268</p>	***services available to victims and survivors of domestic violence, assault/abuse, dating violence, and human trafficking	Crisis Intervention Counseling Linkage/Referrals Case Management Emergency Shelter Transportation Services Individual/Group Counseling
<p>Hawse Health Website: hawsehealth.com</p> <p>Mathias: 106 Harold K. Michael Dr, Mathias, WV Phone: 304-897-7400 / Fax: 304-897-7410</p> <p>Baker: 17978 SR 55, Baker, WV 26810 Phone: 304-897-5915 / Fax: 304-897-5917</p> <p>Moorefield: 8 Lee Street, Moorefield, WV Phone: 304-538-7707 / Fax: 304-538-7706</p> <p>Petersburg: 111 Grove Street, Petersburg, WV Phone: 304-257-2451 / Fax: 304-257-1263</p> <p>Romney: 22347 Northwestern Pike, Phone: 304-822-3838</p>	WV Medicaid, Medicare, Private pay, Most private insurances, Sliding fee scale available based on income and number of individuals living in the household	Individual/Family Counseling (Adult/Child) School-Based Counseling Services Crisis Intervention Medication Management Primary Care Services Dental Services
<p>Home Base Inc. Multiple Locations throughout West Virginia Website: www.homebaseinc.org Keyser: 273 New Creek Hwy, Keyser, WV Phone: 304-790-7326 / Fax: 304-790-7492</p> <p>Petersburg: 312 N Main St, Petersburg, WV Phone: 304-636-9314 / Fax: 304-636-9315</p>	WV Medicaid, Unicare, WV The Health Plan, Aetna Better Health	Individual/Family Counseling (Children and Families) Case Management Group Counseling **services are provided in-home, telehealth, and in-office visits based on individuals needs.
<p>Martinsburg VA Medical Center 510 Butler Avenue, Building 213, Martinsburg, WV Website: www.martinsburg.va.gov Phone: 304-263-0811</p>	**Available to active military, naval or air service, current/former members of the Reserves or National Guard who were called to active duty. Please call the VA for additional information regarding veterans eligibility.	Mental Health Counseling (Veterans) Medication Management Primary Care/Speciality Services Case Management Residential Rehabilitation Treatment Program
<p>Mountain State Psychological Services 130 Center Street, Keyser, WV 26726 Website: mountainstatepsych.com Phone: 304-788-1113 / Fax: 304-788-2777</p>	WV Medicaid, Medicare, most private insurances	**Not accepting new patients as of 4/27/22 Individual/Family/Marriage Counseling (Adult/Child) Addictions Counseling Case Management
<p>Mountaineer Community Health Center 783 Winchester Street, Paw Paw, WV 25434 Website: mountaineerhealth.org Phone: 304-947-5500 / Fax: 844-772-0872</p>	WV Medicaid, Maryland Medicaid, Medicare, most private insurances	Individual Therapy (Child/Adult) Medication Management Primary Care Services Vivitrol/Addictions Counseling
<p>Mountaineer Mental Health 285 West Birch Lane, Romney, WV 26757 Website: mmhww.com Phone: 304-359-2380 / Fax: 304-359-2393</p>	WV Medicaid, BCBS, UMR, Private pay, Sliding fee scale is available	Individual/Family/Marriage Counseling (Adult/Child) School-Based Counseling Services Addictions Counseling/Peer Support Group Therapy (Addictions IOP) Case Management Telehealth services available

LOCAL OUTPATIENT MENTAL HEALTH RESOURCES

<p>New Creek Family Medicine Dr. William Thomas, MD 1234 New Creek Hwy, Keyser, WV 26726 Phone: 304-788-9320 / Fax: 304-788-9323</p>	<p>WV Medicaid, Medicare, most private insurances</p>	<p>Medication Management Primary Care Services</p>
<p>Potomac Highland Guild Website: potomachighlandsguild.com Keyser: 3334 New Creek Hwy, Keyser, WV Phone: 304-788-2241 / Fax: 304-788-4022 Romney: 53 W Main Street, Romney, WV Phone: 304-822-3897 / Fax: 304-822-3731 Moorefield: 79 Robert C. Byrd Ind. Park Rd, Moorefield, WV Phone: 304-538-2302 / Fax: 304-538-7111 Petersburg: 7 Mtn View St, Petersburg, WV Phone: 304-257-1155 / Fax: 304-257-1945 Franklin: 30 Maple Avenue, Franklin, WV Phone: 304-358-2351 / Fax: 304-358-3671</p>	<p>WV Medicaid Medicare BCBS Sliding fee scale available based upon income, must be WV resident</p>	<p>Individual/Group/Family Counseling (Adult/Child) Addictions Counseling Medication Management Case Management Peer Support Services Crisis Intervention Residential Services Telehealth services available</p>
<p>Potomac State College Reynolds Hall 104A, Keyser, WV 26726 Michelle House, MSW Website: potomacstatecollege.edu Phone: 304-788-6976 Campus Crisis Line: 304-788-6977</p>	<p>**Available to current Potomac State College students ONLY**</p>	<p>Individual Counseling Group Counseling</p>
<p>Trinity Family Healthcare 1 South Marsham Street, Romney, WV 26757 Website: trinityfamilyhc.com Phone: 304-359-2245 / Fax: 304-359-2259</p>	<p>WV Medicaid, Medicare, most private insurance, For uninsured or underinsured patients income based sliding fee scales are offered</p>	<p>Individual Counseling Addictions Counseling Medication Management Primary Care Services</p>
<p>WVU Medicine Potomac Valley Hospital Behavioral Health 514 New Creek Hwy, Suite 2 Keyser, WV 26726 Phone: 304-597-3577 / Fax: 304-597-3548</p>	<p>WV Medicaid, Medicare, most private insurances</p>	<p>Medication Management</p>
<p>WVU Behavioral Medicine & Psychiatry 1 Medical Center Drive, Morgantown, WV 26506 Phone: 304-598-4214 / Fax: 304-293-8724</p>	<p>WV Medicaid, Medicare, most private insurances</p>	<p>Individual/Couples/Family Counseling (Adult/Child) Addictions Counseling Medication Management Group Therapy/IOP Services Case Management</p>

Crisis Line Resources

UPMC Western Maryland 24/7 Crisis Line: 240-964-1399
National Suicide Crisis Line Call or Text: 988
HELP4WV Crisis Line: 844-435-7498

West Virginia Transportation Services

Aging and Family Services of Mineral County: 304-788-5467
Hampshire County Committee on Aging: 304-822-4030
LogistiCare (WV Medicaid Non-Emergency Transport Service): 844-549-8353
Potomac Valley Transit Authority (PVTa): 304-257-1414
Valley Medical Transport: 540-536-2742
Yellow Transportation Taxi: 304-788-3531

LOCAL OUTPATIENT MENTAL HEALTH RESOURCES

PENNSYLVANIA		
<p>Alternative Community Resource Program Website: acrpkids.org</p> <p>Bedford: 185 Hospital Drive, Everett, PA Phone: 814-623-1212</p> <p>Somerset: 1590 N Center Ave, Somerset, PA Phone: 814-445-1717</p>	<p>UPMC Health Plan, Magellan, PA Medicaid, BCBS, Tricare, Please contact for additional insurance plans accepted</p>	<p>Individual/Family/Couples Counseling (Adult/Child) Group Counseling Psychological Evaluation Medication Management</p>
<p>Beal Counseling and Consulting 445 Westridge Road, Suite 103, Somerset, PA Website: www.bealcounseling.com Phone: 814-444-9696 / Fax: 814-444-0345</p>	<p>BCBS, Tricare/Champus, UPMC Health Plan, Penn Highlands, PA Medicaid, United Behavioral Health, Sliding fee services available</p>	<p>Individual/Family/Couples Counseling (Adult/Child) Addictions Counseling (Adult/Adolescent) Peer Based Recovery Support School-Based Therapy Services</p>
<p>Bedford-Somerset DBHS Cornerstone Community Services Website: dbhs.co / ccsprovider.co</p> <p>Bedford: 1243 Shed Road, Bedford, PA Phone: 814-623-9173 / Fax: 814-623-1298</p> <p>Somerset: 245 West Race St, Somerset, PA Phone: 814-443-4891 / Fax: 814-443-4898</p>	<p>PA Medicaid, UPMC Health Plan, Medicare, Contact for additional insurance plans accepted.</p>	<p>Individual/Family/Couples Counseling (Adult/Child) Group Counseling Mobile Mental Health Services Medication Management Crisis Intervention Psychiatric Rehabilitation Services Case Management Services</p>
<p>Croyle-Nielsen Therapeutic Associates Website: www.c-nta.com 485 Berlin Plank Road, Somerset, PA 15501 Phone: 814-701-2898 / Fax: 814-701-2917</p>	<p>PA Medicaid, UPMC, Medicare, Most private insurances</p>	<p>Individual/Family/Couples Counseling (Adult/Child) Senior Counseling (Dementia/Alzheimers, Life Transitions) Group Therapy</p>
<p>Family Behavioral Resources (FBR) Website: familybehavioralresources.com</p> <p>Bedford: 9528 Lincoln Hwy, Bedford, PA Phone: 814-623-5077/ Fax: 814-623-5405</p> <p>Somerset: Georgian Place, Somerset, PA Phone: 814-444-0620</p>	<p>PA Medicaid (Access), BCBS, United Healthcare, Aetna</p>	<p>Individual/Family/Couples Counseling (Adult/Child) Group Therapy School-Based Therapy Services Psychiatric Evaluation Medication Management</p> <p>***must be established with FBR therapy services to receive medication management.</p>
<p>Marker & Struky Counseling Services 419 Stoystown Road, Somerset, PA 15501 Phone: 814-445-6915 / Fax: 814-443-6019</p>	<p>Most private insurances</p>	<p>Individual/Family/Couples Counseling (Adult/Child)</p>
<p>Onstead Counseling Services 267 Plank Road, Somerset, PA 15501 Website: www.onsteadcounsel.com Phone: 814-445-9930</p>	<p>BCBS, UPMC, Aetna, Medicare, United Healthcare</p>	<p>Individual/Couples Counseling (Adult)</p>
<p>Pile Psychological & Counseling Services 238 W. Union Street, Somerset, PA 15501 Phone: 814-443-1881 / Fax: same as phone</p>	<p>BCBS, UPMC, Aetna, Cigna, PA Medicaid (Access)</p>	<p>Individual/Family/Couples Counseling (Adult/Child 12 yrs & older) School-Based Counseling</p>
<p>UPMC Altoona Behavioral Health Access Center 620 Howard Avenue, Altoona, PA 16601 Phone: 814-889-2289 or 800-540-4690</p>	<p>*call center provides services to connect individuals to resources and treatment through referral services</p>	<p>Case Management Crisis Support Mental Health (inpatient/outpatient services for adults/children) Substance Abuse Treatment (inpatient/outpatient, prevention programs) Referrals to local support resources</p>
<p>Altoona VA Medical Center James E. Van Zandt VA Medical Center 2907 Pleasant Valley Blvd, Altoona, PA 16602 Phone: 814-943-8164 Ext. 7305</p>	<p>**Available to active military, naval or air service, current/former members of the Reserves or National Guard who were called to active duty. Please call the VA for additional information regarding veterans eligibility.</p>	<p>Mental Health Counseling (Veterans) Medication Management Primary Care/Speciality Services Case Management Residential Rehabilitation Treatment Program</p>

Crisis Line Resources

Bedford-Somerset Crisis Services 866-611-6467
UPMC Western Maryland 24/7 Crisis Line: 240-964-1399
National Suicide Prevention Life: 988

Pennsylvania Transportation Resources

Huntingdon-Bedford-Fulton Area Agency on Aging 814-623-8148
Bedford Transportation Taxi Company 814-623-2122
PA Medical Assistance Transportation Program Bedford, PA 814-623-9129